

Waters Wildcat Fitness Week • June 5 - 12

Celebrate Field Day with a full week of fitness fun at home and around the neighborhood! Order some Waters wear from <u>Threadless</u> to show your school pride or snap some photos to share your activity with the Waters community. Have fun and don't forget to practice safe social distancing!

Field Day Friday – June 5 Join in some Field Day fun with Waters' very own Mr. Kurz and Mr. Archer via <u>video</u>.

Mile Monday – June 8 Chart a course and walk or run a mile with your family!

Take a Ride Tuesday – June 9

Break out your bikes, scooters, or roller skates and take a ride around the neighborhood.

Wildcat Walk Wednesday – June 10

Color the Waters logo poster and hang it in your window. Go on a neighborhood scavenger hunt to see how many logos you can find. Maybe you can even make a map!

Thriving Thursday – June 11

Think about what kind of physical activity makes you feel best and set aside some time for it today. Will you work in your garden, do a favorite yoga routine, shoot hoops in your alley, or play catch with your family? We can't wait to see you thriving today!

Fond Farewell Friday – June 12

Wish the Waters Class of 2020 a fond farewell! Make a poster for your window to congratulate our graduates and take a walk to spot other posters and yard signs celebrating the Waters Class of 2020.

